

Signs and Symptoms of SPD

These checklists (compiled by the STAR Institute) are not diagnostic tools and should not replace the advice and guidance of a trained professional. When completing the checklist please consider the child's behavior over the past 6 months.

Infant/Toddler

- My infant/toddler has problems eating.
- My infant/toddler refuses to go to anyone but me.
- My infant/toddler has trouble falling asleep or staying asleep.
- My infant/toddler is extremely irritable when I dress him/her; seems to be uncomfortable in clothes.
- My infant/toddler rarely plays with toys, especially those requiring dexterity.
- My infant/toddler has difficulty shifting focus from one object/activity to another.
- My infant/toddler does not notice pain or is slow to respond when hurt.
- My infant/toddler resists cuddling, arches back away from the person holding him.
- My infant/toddler cannot calm self by sucking on a pacifier, looking at toys, or listening to my voice.
- My infant/toddler has a floppy body, bumps into things and has poor balance.
- My infant/toddler does little or no babbling, vocalizing.
- My infant/toddler is easily startled.
- My infant/toddler is extremely active and is constantly moving body/limbs or runs endlessly.
- My infant/toddler seems to be delayed in crawling, standing, walking or running.